

FEDERAL UNIVERSITY OF TECHNOLOGY OWERRI
SCHOOL OF HEALTH TECHNOLOGY
DEPARTMENT OF PUBLIC HEALTH TECHNOLOGY

SEMESTER: Rain SESSION: 2018/2019
COURSE TITLE: Health Promotion
COURSE CODE: PUH 316 UNIT: 2 DATE: 01/11/2019

ANSWER 4 QUESTIONS (2 FROM EACH SECTION), TIME ALLOWED 2HRS

SECTION A:

- 1a. Define health promotion. 2 marks
- 1b. Explain in detail the importance of supportive environment to health promotion. 7.5 marks
- 1c. Explain the major aspects of supportive environments... 8 marks

- 2a. Briefly explain the fundamental conditions and resources for health. 8marks
- 2b. Implementing health for all requires two basic principles that must be reflected, explain these principles in detail. 6 marks
- C. Explain how comprehensive approaches to health development are the most effective. 3.5marks

- 3a. Discuss the priorities for health promotion in the 21st century. 10 marks
- b. Explain in detail how **ENABLE**, **ADVOCATE** and **MEDIATE** will be useful tools in health promotion. 7.5 marks

SECTION B:

4. Discuss the Behavioural Change Approaches as applicable in Health Promotion. 17.5 marks

5. Discuss the strategies for community Development. 17.5 marks

6. Explain in details the steps in Community Mobilization. 17.5 marks

Good luck